

## Example 1 – Detailed lesson plan, including the weekly overview

Here's a detailed one-hour lesson plan for **Day 1: Superhero "S-Man"** with a focus on the /s/ sound, incorporating reading, writing, and phonics activities.

### Day 1: Superhero "S-Man" (Sound: s)

**Objective:** By the end of the lesson, your child will be able to recognize, write, and read the letter "s" and words that start with the /s/ sound, through engaging and playful activities.

#### Materials Needed:

- "S-Man" costume or cape with an "S" symbol (can be made from fabric or paper)
- Flashcards with the letter "s" and simple "s" words (e.g., sun, sock, sit)
- Small objects or pictures that start with "s" (e.g., spoon, star, snake)
- Paper and crayons or markers
- Playdough or clay
- Whiteboard and dry-erase markers or chalkboard and chalk
- Simple "s" word books (e.g., "Sam Sat" or similar Phase 2 books)

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### Activity 1: Superhero Introduction and Sound Warm-Up (10 minutes)

1. **Dress-Up & Introduction:**
  - Have your child wear their "S-Man" costume or cape. Introduce them as the superhero "S-Man," who is on a mission to learn and protect the /s/ sound.
2. **Phonics Sound Introduction:**
  - Show the letter "s" on a flashcard or write it on a whiteboard.
  - Say the /s/ sound clearly and have your child repeat it several times. Emphasize the continuous sound of /s/.
  - Encourage your child to trace the letter "s" in the air using their finger while making the /s/ sound.
3. **Action Sound:**
  - Create a fun action associated with the /s/ sound (e.g., slithering like a snake). Have your child perform the action while saying the sound.

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## Activity 2: "S-Hunt" – Sound Recognition Game (15 minutes)

### 1. Setup:

- Before the lesson, hide small objects or pictures around the room that start with the /s/ sound (e.g., spoon, star, sock).

### 2. Game:

- Explain that "S-Man" needs to find all the hidden /s/ objects to complete their superhero mission.
- As your child finds each object, ask them to say the name of the object and emphasize the /s/ sound (e.g., "Ssspoon," "Ssstar").
- Once all objects are found, line them up and review the /s/ sound for each one.

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## Activity 3: Writing Practice – "S" Superhero Letters (15 minutes)

### 1. Letter Formation:

- Use a whiteboard or chalkboard to demonstrate how to write the letter "s."
- Break it down into steps, showing how to start at the top and curve around to form the letter.

### 2. Practice Writing:

- Give your child a piece of paper and crayons or markers. Have them practice writing the letter "s" several times.
- Encourage them to say the /s/ sound each time they write the letter.

### 3. Playdough Letters:

- Switch to a tactile activity by having your child form the letter "s" using playdough or clay.
- Again, have them say the /s/ sound as they create the letter.

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## Activity 4: Reading Practice – Simple "S" Words (10 minutes)

### 1. Flashcard Reading:

- Show flashcards with simple "s" words (e.g., sun, sit, sock). Say the word first, emphasizing the /s/ sound, then have your child repeat it.
- Encourage your child to try blending the sounds together to read the word (e.g., s-u-n, sun).

### 2. Book Reading:

- Read a simple book that features "s" words, such as "Sam Sat."
  - Pause at each "s" word, and have your child try to read it independently.
  - If they struggle, help by sounding out the word together.
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### Activity 5: Review and Superhero Mission Completion (10 minutes)

#### 1. Recap:

- Gather all the objects and flashcards used during the lesson.
- Review each item, asking your child to say the /s/ sound and name the item.

#### 2. Superhero Story:

- Create a short, simple story together about "S-Man" using the words and objects you've learned (e.g., "S-Man found a ssspoon and a sssock. He sssat down and sssmiled.").
- Have your child help by filling in the /s/ words as you tell the story.

#### 3. Celebrate:

- Celebrate the completion of the superhero mission with a special superhero pose or a victory dance. Praise your child for their hard work and learning.
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### Extension Activity (Optional):

- **"S" Sound Drawing:** Have your child draw a picture of something that starts with the /s/ sound (e.g., a sun or snake). Label the drawing together, writing the word and emphasizing the sound.

This detailed one-hour lesson plan should provide a fun and educational experience, reinforcing the /s/ sound through multisensory activities and play.

## Week-long Lesson Plan: Phase 2 Phonics with Superheroes Theme

### Overview

- **Phonics Focus:** Phase 2 sounds (e.g., s, a, t, p, i, n, m, d, g, o, c, k)
- **Superhero Theme:** Each day will feature a different superhero that corresponds with a specific phonics sound.
- **Learning Style:** Multisensory, incorporating movement, visuals, and play.

### Day 1: Superhero "S-Man" (Sound: s)

- **Dress-Up:** Create a simple "S-Man" costume with a cape and a big "S" on the chest.
- **Phonics Sound:** Introduce the sound /s/ by showing the letter "s" and practicing the sound together.
- **Activity 1:** "S-Hunt" – Hide objects or pictures that start with the "s" sound around the room. Have your child wear their "S-Man" costume and find them.
- **Activity 2:** "Superhero S Sound" – Use playdough to form the letter "s" while making the sound.
- **Reading:** Look at simple books or flashcards with words that begin with "s." Practice sounding out the words.

### Day 2: Superhero "A-Avenger" (Sound: a)

- **Dress-Up:** Create an "A-Avenger" outfit with a superhero mask and an "A" on a belt.
- **Phonics Sound:** Introduce the sound /a/ by showing the letter "a" and practicing the sound together.
- **Activity 1:** "A-Squad" – Assemble a team of toys that start with the "a" sound (e.g., apple, ant, astronaut). Each toy is a member of the "A-Squad."
- **Activity 2:** "Action A" – Jump like an "A-Avenger" whenever you see or hear the letter "a" in words or during the day.
- **Reading:** Use flashcards or books with simple "a" words. Sound out and blend the words together.

### Day 3: Superhero "T-Titan" (Sound: t)

- **Dress-Up:** Make a "T-Titan" mask and shield with a "T" symbol.
- **Phonics Sound:** Introduce the sound /t/ by showing the letter "t" and practicing the sound together.
- **Activity 1:** "T Treasure Hunt" – Hide small toys or pictures that start with "t" (e.g., toy, tiger) around the house. Your child, as "T-Titan," has to find them.

- **Activity 2:** "T-Titan Tapping" – Tap a drum or table to the rhythm of words that start with "t." Say the sound as you tap.
- **Reading:** Practice reading "t" words in simple books or using flashcards.

#### Day 4: Superhero "P-Protector" (Sound: p)

- **Dress-Up:** Create a "P-Protector" badge or shield.
- **Phonics Sound:** Introduce the sound /p/ by showing the letter "p" and practicing the sound together.
- **Activity 1:** "P Sound Pop" – Blow up balloons and write words or pictures with the "p" sound on them. Pop them as you say the word.
- **Activity 2:** "P-Protector Patrol" – Walk around the house looking for objects that start with "p." Protect them by placing a "P" sticker on them.
- **Reading:** Look at "p" words in books or flashcards and practice blending the sounds.

#### Day 5: Superhero "I-Incredible" (Sound: i)

- **Dress-Up:** Make an "I-Incredible" hat or belt with the letter "I" on it.
- **Phonics Sound:** Introduce the sound /i/ by showing the letter "i" and practicing the sound together.
- **Activity 1:** "Incredible I Spy" – Play "I Spy" with objects that have the "i" sound.
- **Activity 2:** "Incredible Ink" – Use a finger dipped in washable paint or ink to write the letter "i" and say the sound.
- **Reading:** Focus on "i" words using flashcards or simple books. Blend the sounds to read the words.

#### Additional Tips:

- **Reinforcement:** Throughout the week, repeat sounds from previous days to reinforce learning.
- **Play-Based Learning:** Keep activities light and playful, focusing on having fun rather than perfection.
- **Multisensory Approach:** Incorporate actions, visuals, and sounds in every activity to engage multiple senses.
- **Praise and Encouragement:** Celebrate every success, no matter how small, to build confidence.